

## Pop Cycle Lolly flavours



This list is to give you an idea of flavours, we are constantly working on new ideas inspired by seasonal fruit and we welcome your suggestions.

All lollies are hand made with fresh fruit and high quality ingredients, Fairtrade and organic where possible. No artificial ingredients or preservatives are used.

All pops are suitable for vegans and do not contain ingredients with gluten.

Choose between *petit* or *grand* sizes and your preferred packaging: vintage style white paper bags (*petit*) or transparent, both biodegradable.

### Extra special

Make your lollies extra special, dipped in Fairtrade chocolate with various toppings.

Edible flowers make a great addition to transparent and lighter coloured lollies.

Personalise your lollies with bespoke flavours and striped layers.

An additional charge applies for these services, please enquire.

### Apple series (Sept - Nov)

Autumn Apple – British apples with lemon juice, organic agave syrup, Fairtrade cinnamon

Peter Rabbit – British apples with lemon juice, agave and blackberries

Toffee Apple – British apples with lemon juice and agave, with golden toffee shards inside.

### Avocado Adventure – no added sugar (dependent on avocado supply)

Avocado & organic coconut milk – a velvety texture similar to mini milk.

### After 8

Organic Fairtrade chocolate, organic coconut milk and organic mint essence.

Decadant rich chocolatey mint taste.

### Banana Mash up

Fairtrade bananas, organic coconut milk, dark chocolate.

### Beetroot Bisou

Fairtrade Organic chocolate, Gower Beetroot & organic coconut milk with Fairtrade vanilla & Fairtrade black pepper. Superbly well balanced earthy flavours and velvety texture.

### Blueberry Blast-off!

Blueberries roasted in a little agave syrup, blasted with lime syrup (lime juice & zest, water).

### Choc Bloc

Organic Fairtrade chocolate, sweetened only with coconut blossom sugar, organic coconut milk and Fairtrade organic vanilla extract.

### Citrus Squeeze

Freshly squeezed oranges & clementines, lime juice and zest, agave or date syrup. For a seasonal twist can be infused with star anis to give a liquorish hint.

### **Cucumber and Mint Sprint**

Cucumber, mint, lime, agave syrup.

### **Hocus Pocus**

Half orange, half beetroot! Scares lots of kids.

### **King of the Mountains**

The polka dot one! Strawberries & raspberries sliced into organic coconut milk, sweetened with agave syrup. "A thing of beauty!"

### **Marron Glacé**

Chesnut purée with Fairtrade vanilla extract and coconut milk. Super sweet French flavour.

### **Mango Mule**

Stubbornly full of mangos, one of our most popular lollies.

Mango and lime syrup (lime juice and zest, organic agave syrup, water).

### **Montalbano Mystery**

Freshly squeezed blood oranges with just a little agave syrup.

### **Passionfruit Paleta**

Mango, lime juice, agave syrup, passionfruit.

### **Pear Affair**

Pear, crystalised ginger, lime syrup. Wonderfully warming!

### **Peaches n' Cream**

Fresh peaches, roast with a little maple syrup and coconut milk or soya cream.

### **Pina Colada (virgin) – no added sugar**

Fresh pineapple, coconut milk, lime and mint. Popular with weaning babies and a big hit on hot days.

### **Pineapple Pride**

Pineapple & lime syrup (lime juice & zest, organic agave syrup, water).

### **Pink Lemonade**

Hand made lemonade (lemon zest and juice, Fairtrade sugar, fizzy water) with a touch of raspberries and a little date syrup.

### **Purple Rain**

Roast blueberries, soya yoghurt, Fairtrade organic vanilla extract, organic agave syrup.

### **Pumpkin Pie**

Roast pumpkin with cinnamon and coconut milk. Autumn special

### **Raspberry Rush**

Rich raspberries & a twist of lime syrup (lime juice & zest, agave syrup & water). Luxury version dipped in Fairtrade dark chocolate (sweetened with coconut syrup).

### **Raspberry & Orange**

Freshly squeezed raspberries and orange, sweetened with agave or date syrup.

### **Rhubarb & Custard**

Rubarb, fairtrade sugar, **soya** custard. Beautiful pink and yellow layers.

### **Rhubarb Rhubarb**

Rhubarb, ginger and lemon, sweetened with fairtrade sugar or Xylitol (suitable for diabetics). A super rich seasonal treat.

### **Red Grapefruit**

Freshly squeezed red grapefruit & lime syrup (lime zest & juice, organic agave syrup, water).

### **Sugar free smoothie**

Banana, strawberry, pineapple/mango, lime juice.

### **Strawberry Stripe**

Fairtrade banana & strawberry stripe. A favourite striped pop.

Strawberries, organic agave syrup/date syrup, lime syrup (lime zest & juice, agave syrup, water).

Bananas, fairly traded coconut blossom syrup, coconut milk, Fairtrade vanilla essence.

### **Strawberry Smacker**

Fresh strawberries & lime syrup (lime juice & zest, organic agave syrup, water). A big summer hit.

### **Traffic Light**

Awesome visual combo designed by kids to create a no added sugar treat.

Red layer – raspberries, strawberries & a few grapes to sweeten

Amber layer – mango and orange. See Hello Sunshine.

Green layer – steamed apples, pears and spinach powder. Surprisingly tasty finish.

### **Watermelon Drencher**

Fresh watermelon, mint, stevia and a tiny bit of agave syrup. Totally refreshing and use of fresh stevia leaf cuts down on the added agave, so low added sugar.

### **When life gives you lemons**

Lemon zest and juice, Fairtrade sugar and water

### **Granita**

Sicilian iced desert, like a real fruit slush.

Coffee – Fairtrade coffee and sugar. Will wake you up and send you to Sicily.

Lemon – with Fairtrade sugar. Zingy, sweet and utterly refreshing

Melon – seasonal melon varieties

Strawberry - “better than a strawberry”

Spiced Pear & Prosecco – pears poached in Fairtrade cinnamon, star anis and cloves...with prosecco! (18+). Divine.

## Poptails

Ice lollies made with alcohol and quality ingredients. Fairtrade organic rum, vodka and coffee liqueur can be used. For over 18's (on sale where licence available). Check out our reviews on social media!



### Berryoska

Red berries mixed with vodka. Fairtrade quinoa vodka available. Contains gluten.

### Cider Lolly

Cooked Black Dragon Welsh cider with Fairtrade sugar, apple and lemon juice.

### Caffe Corretto

Fairtrade coffee, sugar and Fair coffee liqueur with a splash of organic coconut milk. Divine twist on the retro Calypso Coffee!



### Daquiri

Strawberry Daquiri - strawberries, lime syrup and Fairtrade rum. Banana Daquiri – with coconut milk, a lovely velvety texture.

### Gin & Tonic

Botanical Organic Welsh Farmhouse Gin by Da Mhile with Elderflower, Tonic water and lemon juice. Ever popular with unmistakable quality gin. Normally iced with a slice of lemon but looks super with edible flowers. This pop can be made with naturally sweet tonic.

### Lemon & Vodka

Freshly squeezed lemons, water, Fairtrade sugar and Fairtrade vodka.

### Mojito

Fairtrade rum infused with a fresh mint syrup (Fairtrade sugar and water), with fresh lime juice and soda.

### Mulled wine

Red wine, Fairtrade and organic spices and sugar. A winter special also good as granita.

### Orange Cointreau & Star Anis

Freshly squeezed oranges mixed with an orange syrup, infused with star anis and sweetend with date syrup.

### Pina Colada

Freshly squeezed pineapple, organic coconut milk, lime juice, Fairtrade rum and fresh mint. A tropical favourite.

### Peach & Amaretto

Peaches roasted in amaretto and agave with a little soya cream. Velvety sweet & divine!

### Spiced Pear & Prosecco

Pears poached in Fairtrade cinnamon, cloves, cardomom and star anis, with prosecco. Also good as granita. "Wonderful"

### Raspberry Bellini

Fresh raspberries and a little lime and date syrup, mixed with Chombard liqueur and prosecco. The Blogger's sell out and a major hit.

### Rhubarb, Ginger & Vodka

Rhubarb cooked with ginger, lemon & Xylitol (suitable for diabetics). Vodka adds a warm depth to this

seasonal special.

**Tatin Tordu**

Apple & brandy with a little soya cream.